

Empowerment questions (Used in Bamyan Afghanistan in 2005)

Level of Mobility

1. Do you always have to ask for permission to visit another village? yes/no
2. Ask only if respondent is married: If you have a two-year-old daughter who is seriously ill, would you have to ask permission to take her to the clinic? yes/no
3. Would you be able to obtain permission to attend an overnight workshop in another village in which only women were present and child care was provided? yes/no

Presence of a Longer-Term Perspective

4. Do you want your daughters that you have (or might have) to become educated? yes/no
5. Do you think that having educated people in the village will lead to a better life for your family and village? yes/no
6. Would you like to make a greater contribution to improving life in your community? yes/no

Awareness of Empowerment

7. Do you know women in your community who influence others to promote practices and beliefs that are helpful? yes/no
8. Do you yourself try to help others to have beliefs and practices that are helpful? yes/no

Role in Family Decision-Making

9. Ask only if respondent married: Does your husband consult you about important decisions concerning your family's future? yes/no
10. Ask only if respondent married: Have you talked with your husband about the use of family planning? yes/no

Level of Life Satisfaction

11. Do you feel unhappy most of the time? yes/no
12. Do you feel satisfied with the contributions you are making in your village? yes/no

Level of Self-Confidence

13. Do you have the ability to influence any decisions in your family or village? yes/no
14. Do you think that women can help to improve life in the village? yes/no

Participation in Community/Public Life

15. Do you express your opinions in meetings in which only women are present? yes/no
16. Do you express your opinions in which men are present? yes/no
17. Do you express your opinions in meetings with the shura? yes/no
18. Do others in your village ask for your help when a woman is having a difficult delivery? yes/no

Group Agency

19. Have you and others in your village been able to achieve success by working together? yes/no
20. Do you think that women working together in your village can solve some of the problems that you face? yes/no